



BREAKFAST—(SERVED UNTIL 11.30AM MON-FRI. ALL DAY AT WEEKENDS)

Freshly squeezed orange juice	£3.50
Breakfast smoothie—oats, banana & honey	£3.75
Organic toast or toasted teacake served with butter and jam	£1.70
Porridge topped with either banana, cacao nibs and honey or berries, seeds and maple syrup	£4.50
Big breakfast sandwich—choose from either bacon, egg, sausage or vegetarian sausage (1 or 2 items—additional items extra)	£3.75
Free range scrambled eggs on organic toast	£5.25
Avocado, grilled tomato and omega seeds on toast	£4.95
Scottish smoked salmon & free range scrambled eggs on toast	£5.95
French Toast served with your choice of either summer berries or bacon and maple syrup	£5.95
Big Breakfast	£8.95
Local sausage, bacon, free range egg (scrambled or fried), grilled tomato, Bury black pudding, mushrooms, a doorstep of organic toast and your choice of tea or coffee	
Lighter Breakfast	£5.50
Local Sausage, one rasher of bacon, free range egg and grilled tomato with organic toast	
Veggie Breakfast	£7.95
Veggie sausages, free range egg (scrambled or fried), grilled tomato, veggie haggis, veggie black pudding, mushrooms, a doorstep of organic toast and your choice of tea or coffee.	
Vegan Breakfast	£7.95
Veggie sausages, grilled tomato, veggie haggis, black pudding, mushrooms, avocado, baked beans and organic toast with your choice of tea or coffee	

IF YOU HAVE ANY ALLERGIES, PLEASE SPEAK TO A MEMBER OF STAFF FOR ADVICE ON INGREDIENTS

STARTERS/LIGHT BITES

Soup of the day	£4.50	Mixed marinated olives	£3.50
Organic bread with oil & vinegar	£3.50	Pâté of the day	£5.25
Organic hummus & warm flatbread	£3.95	Bruschetta of the day	£5.25
Mezze Sharing Platter— Any 3 Mezze served with warm flatbread and salad £6.95			
Mixed marinated olives	Serrano Ham	Organic Hummus	
Marinated sunblush tomatoes	Roast pepper hummus	Dolmades	

SANDWICHES

Our sandwiches are made with freshly baked organic bread, and come served with a side of salad and crisps. Choose from white bloomer or wholemeal. Gluten free bread is available,.

Herb roast chicken with garlic mayo and spring onions	£5.95
New York Deli / Veggie New York Deli	£5.95/5.50
Classic BLT or HLT (Halloumi, Lettuce & Tomato)	£5.75
Avocado, organic hummus & tomato	£5.50
Home roast ham, vine tomato and mustard mayonnaise	£5.95
Add a big mug of today's soup with any sandwich	£2.50

HOT SANDWICHES

Our hot sandwiches are made with freshly baked organic bread, and come served with a side of salad and French fries.

Roast Mediterranean vegetable and red pepper hummus wrap	£7.50
Fish finger butty	£7.50
Classic fish finger sandwich on soft white bloomer bread served with a side of tartare sauce	
Burger of the day	£8.50
Veggie burger of the day	£7.50

Please see the specials board for today's burgers

PLATTERS

Ideal for 2 to share as a light bite, or as a more substantial meal for one

Traditional Ploughmans £8.95

Crumbly Lancashire cheese, mature cheddar, honey roast ham, award winning pork pie, selection of pickles, salad and artisan bread

Lemon Pepper Chicken Skewers or Chickpea Koftas £7.95

Served with sunblush tomatoes, mixed marinated olives, red pepper hummus and warm flatbread

AFTERNOON TEAS

Cream Tea £5.25

Freshly made fruit scone served with clotted cream, strawberry jam and berries

Afternoon Tea £10.95 per person **Celebration Tea £13.95 per person**

Dainty sandwich selection, homemade fruit scones with jam, clotted cream and mini cakes all served with a cup of award winning loose leaf breakfast tea or prosecco

SIDES

French Fries	£2.75
Hand Cut Chunky Chips	£3.25
Garden Salad	£3.75

SPECIALS

We cook a range of fresh daily specials—
please see the blackboard for details,
or ask your server

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HOT DRINKS

COFFEES

Our coffee is organic, fair-trade and rainforest alliance certified. It is freshly roasted especially for you.

Espresso	£1.75
Double Espresso	£1.95
Long Black	£2.30
Flat White	£2.35
Latte	£2.35
Cappuccino	£2.35
Mocha	£2.55
Hot Chocolate	£2.35
Chai Latte	£2.35
Matcha Latte	£2.35
Flavoured Syrup / Extra Shot	£0.55
Cream / Marshmallows	£0.50

We have soya milk, and decaf —please ask your server

TEAS

We use Suki loose leaf teas—tea as it should be

Fairtrade Breakfast	£2.15
Fairtrade, Organic, Earl Grey Blue Flower	£2.25
Fairtrade, Organic, Green Tea Sencha	£2.25
Apple loves Mint	£2.25
Red Berry	£2.25
Fairtrade, Organic Chamomile	£2.25
Lemongrass & Ginger Twist	£2.25
Whole Peppermint	£2.25

KIDSDRINKS

Milk	£0.80
Cartons of Apple/Orange	£0.95
Smoothie Cartons	£1.70
Hot Chocolate with cream and mallows	£1.95

COLD DRINKS

BOTTLES

Mineral Water	£1.70
Traditional Ginger Beer	£2.15
Victorian Lemonade	£2.15
Rose Lemonade	£2.15
Dandelion & Burdock	£2.15
Mandarin & Seville Orange Jigger	£2.15
Coke/Diet Coke	£1.95

CANS

Organic Lemonade	£1.75
Sparkling Organic Elderflower	£1.75
Sparkling Organic Cranberry	£1.75
Sparkling Apple	£1.75

MILKSHAKES

Vanilla	£2.95
Chocolicious	£2.95
Strawberry Sundae	£2.95
Top Banana	£2.95

FRUIT JUICE

Freshly Squeezed Orange Juice	£3.50
Orange Juice	£1.75
Cranberry Juice	£1.75
Apple Juice	£1.75

WINTER DRINKS

Spiced Pumpkin Latte	£2.95
Amaretto Latte	£2.95
Tiramisu Mocha	£3.50
Toasted Mallow Hot Chocolate	£3.50
Salted Caramel Fudge Latte	£3.50

WHITE WINES

	175ml	250ml	Bottle
House White	£3.65	£4.95	£12.95
Our ever reliable white tittle to refresh the soul			
Sauvignon Blanc, Chile	£3.95	£5.50	£14.95
Gooseberry roots and a steely backbone. Dry			
Pinot Grigio, Italy			£15.95
Dry white with hints of melon and lychee			

RED WINES

	175ml	250ml	Bottle
House Red	£3.65	£4.95	£12.95
Our trusty house red never fails to hit the spot			
Merlot, Chile	£3.95	£5.50	£14.95
Soft and plummy with hints of redcurrant jam			
Rioja, Spain			£15.95
Dark forest fruits and a beautiful hint of vanilla			

ROSE

	175ml	250ml	Bottle
Pinot Grigio Rosato	£3.95	£5.50	£14.95

SPARKLING

Prosecco & Prosecco Rose Mini Bottle	£6.95
Refreshing bubbles for the body and soul. Just enough for two-	
Prosecco, Italy	£16.95

BEERS

Peroni 330ml	£3.50
Black Sheep Ale 500ml	£3.95

CIDER

Wyldwood Organic Cider	£3.95
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SPIRITS

Bombay Sapphire Gin	25ml	£2.50
Jack Daniels	£2.50	
Havana Club Rum	£2.50	
Belvedere Vodka	£2.50	
Whisky	£2.50	
Isle of Jura Malt Whisky	£2.75	

MIXERS

Tonic Water	£1.25
Soda Water	£1.25
Lemonade	£1.25
Coke/Diet Coke	£1.25
Fruit Juice	£1.25